

TESTIMONIAL for DR. ROLLIN TABUENA

Hardworking and patient. An intellectual strategist. Inspirational and a strong motivator. Patient, understanding and considerate.

As it stands, Dr. Rollin Tabuena is already a highly effective leader and a role model. His adaptability and humility make other people feel at ease with him, allowing them to identify with him and encouraging them to openly express their thoughts. These are all important in our work as consultants, trainers, and community/group organizers. In his best elements and when called for, people can rely on Dr. Rollin to expertly lead the team toward achieving its goals.

Dr. Rollin Tabuena's work in Community Service is truly of an exceptional kind. Those related and expected of him, like those medical missions and usual charitable works—he does them all with genuine kindness and generosity. But in addition, there are his volunteerism in giving talks and lectures about pulmonary health across different ages, work backgrounds, and socio-economic classes; and his innovativeness in educating and encouraging people to embark on a healthy lifestyle and stay fit. He utilizes his platform, which has thousands of followers, for this purpose. He consistently produces high-quality health videos and updates his followers on his activities, which are not only entertaining to watch but also inspiring. They can be effective eye-openers on activities that we can also do or advocacies that we can also support. The “Dancing Doctors of ILOILO” that he formed together with his wife, Dr. Ma. Daisy Tabuena, has become widely followed. The Zumba fitness program that they are encouraging people to join is their way of motivating all to engage in an enjoyable, no-cost yet very beneficial preventive healthcare activity. Apart from videos uploaded on their social media accounts, which people can follow for the dance steps, they are also invited to lead fitness dances in live shows. They also participate in organizing Zumba events around town.

Another noteworthy contribution of Dr. Rollin Tabuena is his support for local artisans. He is a patron, especially of fashion designers who utilize indigenous materials, particularly the HABLON, Iloilo's own handwoven textile made from natural fibers. He not only promotes Hablon by wearing it on occasions, but he also supports the community of weavers in Iloilo in their projects.

All these involvements and activities of Dr. Rollin Tabuena are clear expressions and solid pieces of evidence of his sacrifice, goodwill, and service to humanity.

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