

September 25, 2025



I wanted to share about my health journey, Dr. Rollin Tabuena has been my pulmonologist doctor since 2008. I was diagnosed with asthma. It's been a long road with a hospital stay in 2010 and 2013 with a pneumonia at West Visayas State University Medical Center.

But nothing could have prepared me for what happened in 2021. I had a high fever of 44 degree Celsius, wheezing, difficulty of breathing and shortness of breath for three straight days, and it was so bad that I was rushed to Iloilo Mission Hospital. I tested Rapid Covid Antigen and the result is positive for COVID-19. I was in there for almost a month, from May 17 to June 14, 2021. It was a terrifying experience. I was in critical condition and had to be on a high-flow machine just to get enough air.

Honestly, it felt like I was fighting for my life every single day. Even after I was discharged, the fight wasn't over. My oxygen level were so low, I had to go home with a oxygen tank and use it for about 15 days just to help me breathe. And have my medication for 3 months, a very expensive drug to recover my lungs. After 3 months, I'm so grateful to say that I can walk more than a kilometer, and my body's oxygen level are stable.

Dr. Tabuena, is highly skilled and compassionate. He ensured my health treatment was thorough, adjusting medications as needed and extending care beyond the standard course for my full recovery. He is very friendly and motivating. He always wants his patients to be at the best of their health. The clinic is very well maintained. Keep spreading positivity & Stay blessed.

Thank you, Doc for helping me stay on this healthy journey and for always being there for me.